**Report on**

**Protection from Sexual Exploitation and Abuse (PSEA) workshop with Adolescent girls**

**Introduction:** The PSEA workshops were conducted in schools, colleges and youth clubs of Koshi flood affected families in Sunsari district and in neighborhood of Bhutanese Refugee Camp in Jhapa district of eastern Nepal. The workshop used artistic and creative approach to educate 400 adolescent girls through creating an art workshop interacting with 16 different art products on Sexual Exploitation and Abuse (SEA) and PSEA. The workshop targeted 400 adolescent girls aged between 12 – 24, who are vulnerable to SEA. Most of the students belonged from the terai region where maximum were from girls from Madhesi and Tharu community and some participants also belonged from Brahmin, Chettri, Tamang, Limbu, Newar and Dalit community.

The targeted location of workshop is geographically a lowland region. It faces annual flood damaging properties, shelters, destroying crops, livestocks and even taking lives of the local people. Therefore, the inflow of aid workers in both districts are very high and the girls comparatively less educated and exposed are vulnerable to SEA from the service providers including government officials, community workers, teachers and religious leaders.

The workshop focused on educating about SEA, the risk areas to it and the effort one should take to protect oneself and possible victims. Though PSEA is crucial in humanitarian and developmental programming, it has not received much attention so far in Nepal. Thus, this workshop educated vulnerable community i.e., adolescent girls so that they can action against it and can share information on PSEA within their community.

**Output: 400 adolescent girls developed attitude and knowledge to defend against Sexual Exploitation and Abuse.**

**Workshop Module:** The workshop started with a short round of introduction where the CSC team introduced themselves, topic and purpose of the session. Introduction was followed up by pre-test to understand knowledge on SEA by the participants prior to the session. The presentation included information on PSEA, ways to counter it and its response mechanism. Various art forms like photographs, videos and paintings were used which made the students understand the topic more easily. After the completion of session, the team interacted with the students, and answered to their questions. Finally, a post-test was conducted with the participants that reflects their understanding of the session. IEC materials like comic books were also distributed so that they remember the messages shared during the session and take comic book as a reference to the session.

**Evaluation of Sessions**

Fig: 1 Heard about Sexual Exploitation and Abuse before the session

This chart depicts if the respondents had heard about Sexual Exploitation and Abuse before the session. Out of the total respondents, 69% had heard about Sexual Exploitation and Abuse whereas 31% of the respondents hadn’t heard about it.

Fig: 2 Knowledge on Sexual Exploitation and Abuse before the session

The above chart shows the knowledge of participants before the training on Sexual Exploitation and Abuse. Out of the total respondents, few of the respondents i.e. 5% had knowledge about Sexual Exploitation and Abuse. Students were slightly aware about women violence but not about SEA.

Fig:3 Knowledge about departments to file cases of Sexual Exploitation and Abuse before the session

The chart depicts the knowledge of participants about departments to file case of Sexual Exploitation and Abuse before the training. Out of the total respondents, 25% of the respondents had knowledge about the departments where cases can be filed of Sexual Exploitation and Abuse whereas remaining 75% didn’t know about the departments.

Fig: 4 Knowledge about phone numbers of helplines before the session

The chart shows the knowledge about the phone numbers of the helpline departments when Sexual Exploitation and Abuse happens before the training. Few of the respondents i.e.15% knew about the phone numbers of the helplines typically of police station before the training while 85% were unknown about the phone numbers.

Fig: 5 Knowledge on Sexual Exploitation and Abuse after the session

The above chart also shows knowledge about Sexual Exploitation and Abuse but after giving the session. The result shows maximum of the total population i.e. 85% gave a proper answer about Sexual Exploitation and Abuse.

Fig: 6 Knowledge on departments to file case of Sexual Exploitation and Abuse after the session

The above chart shows the knowledge on departments to file cases of Sexual Exploitation and Abuse but after the session of PSEA where maximum number of respondents i.e. 91% of the respondents had knowledge about Sexual Exploitation and Abuse.

Fig:7 Knowledge about phone numbers of helplines after the session

This above chart depicts the knowledge about phone numbers of the helplines after the training where out of 179 respondents, 83% of the respondents had knowledge about the phone numbers of the helplines when Sexual Exploitation and Abuse take place.

Fig: 8 Knowledge about the areas of Sexual Exploitation and Abuse after the session

The above chart shows the knowledge about the areas of Sexual Exploitation and Abuse after giving the PSEA session to the students. Among the total respondents, 91% of the total respondents had knowledge about where Sexual Exploitation and Abuse could happen and were able to list them correctly.

Fig: 9 Knowledge about the behaviors of Sexual Exploitation and Abuse after the session

The above chart shows the knowledge about the behaviors of Sexual Exploitation and Abuse after the session where maximum number of respondents i.e. 89% of the respondents knew about the behaviors.

**Testimonial:** ‘The session was very informative which made us aware about Sexual Exploitation and Abuse, where it can happen, what behaviors are considered as Sexual Exploitation and Abuse and where to contact when we see or face such crimes in our community. We will also help women raise voice and support them in such times. We loved all the art product, it was very easy to understand with a very big message. The session was really helpful, and we hope you come here with more sessions and aware us about more societal issues’ – 16 years old girls from school of Koshi Rural Municipality.

**Conclusion:** The pre test and post test evaluation demonstrated a drastic change before and after the session where maximum of the respondents had increased in knowledge regarding PSEA. The interaction held during the session can reflect the participants got appropriate message regarding PSEA and possess ability to deal with situation of SEA.

**Challenges and Lesson Learned:** Since the workshop was conducted in the terai region, language difference seemed to be a problem at first. However, after interacting a bit and speaking more clearly with the help of a local teacher who helped in translation, the issue was solved gradually. The students were shy and had a bit difficulty opening up but the team’s interaction with them in an open and friendly manner created comfortable environment.