**Story of Khusbu**

A grave tragedy just occurred in Terai. Everybody is devasted. Farm destroyed; homes lost. Good thing we atleast got aids coming our way for now. But is it? We were seeking shelter in nearby community hall until all things are sorted out. A group of teams arrived to distribute medicine and foods. We really needed that! After they've set their posts and all everybody quickly jumped into lines to get the aid. I went hurriedly to wait in the line. The line was long and tedious but what else can I do besides wait? An old guy from the aid distribution was looking at me with his full attention. I felt confused to why he was looking at me, I tried to pay attention to the queue. After a few moments the man came to me, introduced himself to me and asked me questions, Where do you live? How many families do you have? we started talking for a bit. Then suddenly he came close to me and whispered he could get the aid in an instant and also more than others for me. I was desperate and in need of the resource for my family. I hesitantly nodded. He slowly pulled me out of the line and took me to a nearby tent. He did show me the aid boxes in the tent. I had a light smile on face but that faded fast. Out of nowhere he grabs my arm tells me I can get that only if he gets something from me in return. I was baffled by his offer. He persuaded me to take it as there was not much you can get outside the camp. I was unaware of what the consequence would be. He slowly dragged me to the tent. His intension was very bad. That day that person assaulted me.

This is a story of Khusbu. Like, Khusbu there are thousands of people who have been sexually exploited and abused. Women, children, old aged people, people with disability are the most vulnerable one from sexual exploitation. Some of the examples of such exploitation can be, but are not limited to touching in inappropriate manner, asking sexual return in exchange of aid materials, sending unacceptable messages in social media in return of aid. This such scenario, we can file a written complaint by going to different government institutions like, police station or local government offices.

Similarly, we can also call at 1145 which is a women’s help line functioning against gender-based violence by National Women Commission. Depending on the incident of violence, commission provides legal support, psychological counselling, immediate shelter support, police support and health care support. Commission treats every information of the complaint in confidential manner.