



PSEA (Protection from Sexual Exploitation and Abuse)

Contacts for focal points to report SEA cases: (+237) 674727316/ 677870221/ 675552923/ 678147792

Implementing partners

Printed in December, 2020



Type of services

1. **Medical/health care SERVICES:** Medical Interventions to address physical and reproductive health consequences and injuries resulting from SEA incidents. This includes Clinical Management of Rape (CMR) within 72hrs with post rape kit, including Post Exposure Prophylaxis (PEP) and Emergency Contraception (EC) within 120hrs
2. **Mental Health:** Clinical treatment for mental disorders resulting from SEA incidents. This response requires specialized services delivered by qualified mental health professionals
3. **Psycho Social Support including Case management:** are services or support to GBV survivors to recover from emotional, psychosocial and social effects of GBV including not limited to crisis care, longer term emotional and practical support and information. This includes psychological First Aid to gain necessary stability for rational decision-making, psychological counselling from trained persons or professional to overcome stress, trauma and depression and Case Management. CM process involve social workers/case workers supporting survivors to assess their multi sector needs (health, mental health, legal, safety and security, livelihood etc) and accompanying them to other services through referral pathways with the consent of survivors. Case management process involves follow up actions.
4. **Psycho Social Support including Case management to GBV Child survivors:** services or support offered to GBV child survivors to recover from the harmful emotional and psychosocial effects of GBV. This include psychological First Aid (PFA) to gain necessary stability for rational decision-making, psychological counselling from trained persons or professionals to provide care to child survivors to overcome stress, trauma and depression and link survivors to child friendly spaces or activities. It also includes case Management involving the childcare givers in assessing the child survivors' needs (health, mental health, psychosocial support, reunification, legal, Education, safety and security, livelihood etc.) and referral pathways with the assent of the child and consent from caregivers in line with the best interest of the child principle.
5. **Legal assistance services:** Provision of Legal Assistance services that can promote or help survivors to know their rights, claim their legal rights and make informed decisions with respect to seeking justice.
6. **Safe Shelter:** Safe houses/shelters are places that provide immediate security, temporary refuge, and support to survivors and their families in imminent danger who are escaping violent or abusive situations or are at risk of further violence and who wish to be protected through safe shelters, police or community security and relocation. This Shelter should be staffed by professionals and their location should be confidential
7. **ECONOMIC EMPOWERMENT/livelihood SERVICES:** Skill Development, capacity building or provision of cash, resources to enable survivors and vulnerable persons to gain knowledge and skills to seek employment or begin an activity that will provide them with income and empowered them. These activities aim at reinforcing survivors and vulnerable persons' access to resources and economic opportunities to reduce their dependence for their basic needs, protect their dignity, and reduce risks of exploitation.
8. **Emergency Basic need support:** include provision of any food or nonfood items (NFIs) including dignity kits, provision of cash for basic needs to help restore survivors' dignity. This support include one or several of the following: provision of food, spices for daily cooking materials, water and latrines supplies, supplies for shelter, firewood, recycling products, solar lanterns, thamis/clothing, baby items and emergency cash assistance.
9. **Safe Spaces:** Safe Space where women and girls and PWDs can go and feel physically, emotionally safe and comfortable during the day and enjoy the freedom to express themselves without the fear of judgment or harm

Legend



Remote psychosocial
support, hotlines

Health facilities in blue text have
post rape kits free of charge

Health facilities in red text have post
rape kits but not free of charge

1. A SURVIVOR DISCLOSES GENDER-BASED VIOLENCE TO SOMEONE TRUSTED

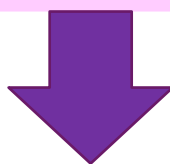
IMMEDIATE RESPONSE	DO	DONTS
<ul style="list-style-type: none"> Respect the confidentiality and wishes of the survivor Provide reliable and comprehensive information on the available services and support to survivors of SEA Obtain informed consent. When family/guardians make decision on behalf of the child, ensure the best interest of the child is given priority. Preferably, the accompanying adult should be selected by the child. Support survivors of rape to access medical care within 72 hours 	<ul style="list-style-type: none"> DO believe the survivor. Reassure the survivor that this was not his /her fault. DO make sure that both the survivor and you are safe from immediate danger. DO provide practical care and support (e.g. offer water, somewhere to sit, etc.) DO listen to the person without asking questions. DO be aware of and set aside your own judgments. DO respect the right of the survivors to make their own decision. Inform, do not give advice. DO limit the number of people informed about the case (refer the case confidentially to appropriate SEA focal point, and only with the informed consent of the survivor) 	<ul style="list-style-type: none"> DO NOT force help on people, be intrusive or pushy. DO NOT pressure the survivor into providing information or further details. DO NOT doubt or contradict the survivor. DO NOT investigate the situation or provide advice DO NOT mediate between the survivor and the perpetrator or a third person (e.g. family). DO NOT write down or share details of the incident or personal details of the survivor DO NOT assume you know what a survivor wants or needs. Some actions may put the survivor at further risk of stigma, retaliation, or harm. Once a SEA referral has been made, DO NOT ask for extra information or contact the survivor directly.
ALWAYS PRACTICE THE SURVIVOR-CENTERED APPROACH <ul style="list-style-type: none"> PRIORITIZE the needs, wishes, and decisions of the survivor ENSURE the survivor makes ALL decisions about accessing services and sharing information regarding her case DO NOT PROVIDE ADVICE NEVER blame the survivor Be patient, be a GOOD LISTENER, and be non-judgmental 		

2. IF THE SURVIVOR HAS GIVEN INFORMED CONSENT, THE IMMEDIATE RESPONSE SHOULD BE

PRIORITIZE URGENT HEALTH CARE!		PRIORITIZE Safety and Security!
SEXUAL VIOLENCE If the survivor needs it - ensure immediate access to available medical care (within 3 days /72 hours for emergency HIV treatment; within 5 days for emergency contraceptives and prevention of sexually transmitted infection)	PHYSICAL VIOLENCE If the survivor needs it - seek medical care if she is experiencing severe pain, bleeding, or for the treatment of non-sexual violence related injuries	IF THERE IS AN IMMEDIATE RISK OF SAFETY OF THE SURVIVOR / IT IS A LIFE-THREATENING CONCERN Contact competent authorities (police, security actors, safe shelters), or other appropriate emergency support

3. IF THERE ARE NO URGENT HEALTH OR SAFETY & SECURITY NEEDS, RESPOND TO OTHER SERVICE NEEDS

These can include Mental Health Services, Shelter, Non-food Items, Food, or Legal Information & Advice



Division: Mezam



Psycho Social Support (for adults)

COMINSUD/UNFPA

Bamenda

Phone: 677 974 489

Bafut: 670 511 011

Tubah: 670 293 873

Santa: 677 583 166

Open: Tue-Sat/8:30-4pm

LUKMEF

Bamenda, Bali,

Tubah

Phone: 671 884 361

Open: Tue-Fri

8am-4:30 pm

Tower of Passions

Bamenda

Phone: 683 183 881

UNHCR

Hotline: 8564

NWSW



Community Impact for Africa

Bamenda 1,2 and 3

Phone: 674 081 210

Open: Tue-Sat

8am -4PM

MINPROFF

Bamenda

Phone: 673 437 361

Open : Tues-Frid

8-4pm

Plan International

Bamenda 1,2, 3

Phone: 677 045 806

Open: Tue-Fri

8 am-5pm

HAACAM

Bamenda 2, 3,

Tubah

Phone: 675 763 751

Open: Mon-Sat

8:30am-4:30pm

LUKMEF/CARE

Bamenda, Tubah

and Bali

Phone: 677 070 503

672 647 099

Open: Tue-Fri

CAMNAFAW

Bamenda 1.2 and 3

Phone: 675 971 213

Open : Tue-Fri/8am-4pm

INTERSOS/UNHCR

Bamenda1, 2, 3, Bafut,

Bali, Tubah and Santa

Phone: 685 132 058

664 122 493

685 146 815

(support cost for medical care)

Open: Tue-Frid

8:am-5pm

PHS Mankon

Bamenda

Phone: 675 332 731

Open : Tue-Fri

8am-5 pm

GFDLP

Bamenda1, 2

Phone: 683 176 160

Open: 8:30-4:30pm

Green Partners Association

Bafut, Bali,

Santa,Tubah,

Bamenda 2

Phone: 673 575 868

Open: Tue-Fri

CUPAWD

Bamenda 1, 2, 3

Phone: 675 690 288

675 102 899

674 853 584

Open: Tue-Sat-

8am-4pm

CBCHS

Bamenda 3

Phone: 677 312 708

Open: 24/7

CHRAPA

Bamenda I, II, Tubah

Phone: 675 205 899

679 454 655

656 660 901

Open: 8:30-4:30pm

MDM Suisse

Bamenda 2, 3

Phone: 665 872 755

Open: Tue-Sat/

8am-5pm

Plan International Bamenda 2, 3

Phone: 670 323 028

Open: 8:30-4:30pm

CAVP

Bamenda 2

Phone: 675 102 899/

650 980 903

Bali

Phone: 674400713

Open: 8am-3pm

CARE Int'l

Bamenda, Bali,

Fundong, Belo

Phone: 677 070 503

Open: 8am-4pm

Division: Mezam



Psycho Social Support (for Children)

CHRAPA

Bamenda 1, 2, 3, Tubah
Phone: 675 205 899
679 454 655
656 660 901
Open: 8:30am-4:30pm

Plan International

Bamenda 1,2, 3
Phone: 677 045 806
Open: Tue-Fri
8 am-5pm

HAACAM

Bamenda2, 3, TUBAH
Phone: 675 763 751
Open: Mon-Sat –
8:30am-4:30pm

SHUMAS

Bamenda 3
Phone: 679 852 090/
698 103 330
Open: Tue-Sat
8am-5pm

INTERSOS/UNHCR

Bamenda1, 2, 3, Bafut, Bali, Tubah and Santa,
Bambili, Bambui, Akum, Santa
Phone: 685 132 058 / 664 122 493 / 685 146 815
(support Cost for health care)
Open: Tues– Frid/8am – 5pm

CBCHS

Bamenda 3
Phone: 677 690 600
Open: 24/7

H4BF

Bamenda
Phone: 671 977 678
Open: 8:30am – 3pm

MDM Suisse

Bamenda 2, 3
Phone: 665 872 755
Open: Tue-Sat/
8am-5pm



Health care

Mantum Integrated Health Centre

Bali
Phone: 677 387 535
Open: 24/7

District Hospital

Bafut
Phone: 675 079 280
Open: 24/7

St. John of God Hospital

Bamenda1
Phone: 670 855 670

St. Elizabeth Catholic Health Centre

Bali
Phone: 675 918 077

Regional Hospital

Bamenda
Phone: 677 797 065
677 696 172
Open: 24/7

Aziri Integrated Health Centre

Bamenda2
Phone: 674 110 788

Presbyterian Health Centre Mankon

Bamenda2
Phone: 677 911 318

Ntambag Integrated Health Centre

Bamenda2
Phone: 675 311 249
Open: 24/7

St. Maria Soledad Catholic Hospital

Bamenda2
Phone: 672 081 512

Mbachongwa Integrated Health Centre

Bamenda2
Phone: 677 852 106

Mount Zion Clinic

Bamenda2
Phone: 677 770 177

Nkwen Integrated Health Centre

Bamenda2
Phone: 655 978 959
Open: 24/7

Tubah District Hospital

Santa
Phone: 675 099 455

St. Peter's Clinic

Bamenda2
Phone: 679 204 710.

Mezam Polyclinic

Bamenda2
Phone: 677 319 288

District Hospital

Bali
Phone: 696 817 490
/677 433 979___Open: 24/7

CBCHS

Bamenda 3
Phone: 675 956 041
Open: 24/7

PHS Mankon

Bamenda 2
Phone: 677 911 318

Division: MEZAM



Health care

The people's Clinic
Bamenda2
 Phone: 677 021 013
 Open: 24/7

**Family Foundation
 Clinic and Maternity**
Bamenda2
 Phone: 677 783 174
 Open: 24/7

PMI Nkwen
Bamenda2
 Phone: 677 440 403
 Open: 24/7

Santa District Hospital
Santa
 Phone: 676 623 610
 Open: 24/7

**Nkwen Baptist
 Hospital**
Bamenda2
 Phone: 677 690 660
 Open: 24/7

**Sabga Baptist Health
 Centre**
Tubah
 Phone: 655 978 835
 Open: 24/7



Mental Health

CBCHS
Bamenda
 Phone: 675 990 934
 Open: 24/7

H4BF
Bamenda III
 Phone: 671 977 678
 Open: 8:30am-3pm

Baptist Hospital
Bamenda town
 Phone: 677 786 498
 Open: 7am-6pm

MDM Suisse
Bamenda 2, 3
 Phone: 665 872 758
 Open: Tue-Sat/8am-5pm

Regional Hospital/ WHO
Bamenda
 Phone: 679 264 285
 Open: 24/7



Safe Shelter

CBCHS
Bamenda
 Phone: 672 966 268
 Open: 24/7

Plan International
Bamenda 2, 3
 Phone: 670 323 028
 Open: 8:30-4:30pm



Legal assistance

CBCHS
Bamenda 3
 Phone: 672 966 268
 Open: 24/7

FGI
Bamenda1, 2, 3
 Phone: 677 068 856
 Open: Tue-Fri
 8am-4:30pm

GFDLP
Bamenda1, 2, 3
 Phone: 670 539 364
 Open: 8.30-4.30pm

CHRAPA
Bamenda1, 2, 3, Tubah
 Phone: 675 205 899
 679 454 655
 Open: 8.30am-4.30pm

LIBRA/UNHCR
Bamenda
 Phone: 677 733 783/675 160 353
 Open: Mon-Frid/8:30am-6pm

Division: MEZAM



Economic Empowerment

CRCDD

Bamenda 1,2,3
Phone: 677 845 955
Open: 8:30am-5pm

GPA

Bafut, Bali, Santa, Tubah, Bamenda 2
Phone: 673 575 868
Open: Tue-Fri

GCR

Bamenda 1, 3, Bafut, Tubah, Bambili
Phone: 680 424 471
Open: Tue-Sat
8:30-4pm

CHRAPA

Bamenda1, 2, 3, Tubah
Phone: 675 205 899
679 454 655
Open: 8.30-4.30pm

Tower of Passions

Bamenda
Phone: 683 183 881

BIHAPH

Bamenda 1, 2, 3, Tubah
Phone: 670 495 575
677 802 134 /
679 932 827
Open: Tue-Sat, 8a-5pm

MINPROFF

Bamenda 1, 2, 3
Phone: 673 437 361
Open: Tue-Fri
8am-4pm

CAMNAFAW

Bamenda 1,2,3
Phone: 675 971 213
Open: Tues-Fri
8am-4:pm

AEDVP

Bamenda 1, 2, 3
Phone: 671 479 099
Open: Tues-Frid-

CAVP

Bamenda, Bali
Phone: 675 102 899
674 400 713
Open : 8am-3pm

COMINSUD/UNFPA

Bamenda
Phone: 677 974 489
Open: Tue-Sat
8:30-4pm

IVFCam

Bamenda 1, 2, 3
Phone: 675 583 962
Open: Tue-Sat,
8am-5pm

PEP Africa & UYO

Bamenda1:
Phone: 679 684 520
Bamenda2
Phone: 679 6845 20
Bamenda3
Phone: 679 684 520
Tubah:
Phone: 675 223 830
Open: 8:30am-4:30pm

H4BF

Bamenda III
Phone: 671 977 678
Open: 8:30am-3pm

ASWEDO

Bamenda1, 2, 3
Phone: 670 293 661
Open : Tue-Sat
8am-5pm

SHUMAS

Bamenda1, 2, 3
Phone: 679 852 090
698 103 330
Open: Tue-Sat
8am-5pm

Plan International

Bamenda1, 2, 3
Phone: 674 873 693 -
Open: 8:30-4:30pm



Safe spaces

MINPROFF

Bamenda 1, 2, 3
Phone: 673 437 361
Open: Tue-Fri
8am-4pm

COMINSUD/UNFPA

Bamenda
Phone: 670 435 308
670 026 435
Open: Tue-Sat
8:30-4pm

CBCHS

Bamenda
Phone: 672 966 268
Open: 24/7

IVFCam

Bamenda 1, 2, 3,
Phone: 675 583 962
Open: Tue-Sat,
8am-5pm

Division: MEZAM



Emergency Basic Need Support

CARE/LUKMEF

Bamenda, Bali,
Funddong, Tubah,
Bali
Phone: 677 070 503
672 647 099
Open: Tue-Fri.
8am-4pm

CHRAPA

Tubah, Bamenda1, 2, 3,
Phone: 675 205 899/679 454 655/ 656 660 901
Open: 8.30-4.30pm
Open: Sun-Tues-Sat.

CRCDD

Bamenda 1,2,3
Phone: 677 845 955; Open: 8:30am-5pm

HAACAM

Bamenda2, 3, TUBAH
Phone: 675 763 751
Open: Mon-Sat - 8:30am-4:30pm

CUAPWD

Bamenda 1: 674853584
Bamenda 2: 675 102 899
Bamenda3: 675 322 337
Open: Tue-Fri / 8a-5pm

Plan International

Bamenda 1, 2, 3
Phone: 677 708 641 / Open: 8:30-4:30pm

PEP Africa & UYO

Bamenda1: 679 684 520
Bamenda2: 679 684 520
Bamenda3: 679 684 520
Tubah: 675 223 830
Open: 8:30am-4:30pm

GCR

Bamenda 1, 3, Bafut, Tubah, Bambili
Phone: 680 424 471
Open: Tue-Sat / 8:30-4pm

Division: MOMO



Psycho Social Support (for adults)

COMINSUD/UNFPA

Mbengwi: 677 495 530
Batibo : 675 244 904
Widikum: 675 793 826
Open: Tue-Sat
8:30-4pm

INTERSOS/UNHCR

Batibo, Mbengwi,
Ngie, Widikum
Phone: 685 132 058
664 122 493 /
685 146 815
(support cost for
medical care)

Plan International

Mbengwi
Phone: 676 897 622
Open: 8:30-4:30pm

CUAPWD

Mbengwi: 674 853 584
Open: Tue-Sat /
8am-4pm

Tower of Passions

Mbengwie, Ngie
Phone: 683 183 881
Open: 8am-5pm

CHRAPA

Mbengwi
Phone: 675092205
Open: 8.30-4.30pm

Division: MOMO



Psycho Social Support (for children)

INTERSOS/UNHCR

Batibo, Mbengwi, Ngie, Widikum
Phone: 685 132 058
664 122 493 / 685 146 815
(support cost for medical care)
Open: Tue-Frid / 8:am-5pm

GPA

Mbengwi, Batibo, Ngie
Phone: 673 575 868
Open: Tue-Fri



Health care

St. John of God Hospital Batibo

Batibo
Phone: 665 367 284
Open: Mon-Sat

District Hospital Mbengwi

Phone: 679 733 188
Open: 24/7

Presbyterian General Hospital Acha-Tugi

Mbengwi
Phone: 674 623 654
Open: 24/7

St. Joseph Catholic Hospital Widikum

Phone: 662 748 490. Open: 24/7

Mental health

Service provider not available

Safe Shelter

Service provider not available



Legal assistance

GFDLP

Njikwa, Batibo
Phone: 670 539 364
Open: 8:30-4:30pm

FGI

Mbengwim ,Njikwa,
Ngiem
Phone: 665 498 552
Open: 8:30-4:30pm

LIBRA/UNHCR

Momo
Phone: 677 733 783
675 160 353
Open: Mon-Fri
8:30-6pm



Economic Empowerment

GCR

Widikum, Batibo
Phone: 653 486 588
Open: Tue-Sat - 8:30am -4pm

Plan International Mbengwi

Phone: 676897622
Open: 8:30-4:30pm

Tower of Passions

Mbengwie, Ngie
Phone: 683 183 881
Open: 8am-5pm

WEC

Mbengwi
Phone: 677 560 093 / 670 517 480
Open: Tue-Fri / 8am-4pm



Safe spaces

For Women & Girls

Plan International Mbengwi

Phone: 670 323 028
Open: 8:30-4:30pm

Division: MOMO

Emergency Basic Need Support

CUAPWD

Mbengwi
Phone: 674 853 584
Open: Tue-Sat /
8am-4pm

GCR

Widikum, Batibo
Phone: 653 486 588
Open: Tue-Sat
8:30am -4pm

Plan International

Mbengwi
Phone: 677 708 641
Open: 8:30-4:30pm

IVFCam

Mbengwi
Phone: 654 142 285
Open: Tue-Fri. - 8:30-4:30pm

Division: Meme

Details of Organizations/facilities referral

Division: NGO KETUNJIA

Psycho Social Support (Adults & Children)

CHRAPA

Bamessing:
Phone: 670 833 004
Open: Tue-Sat
8:30-4pm

INTERSOS/UNHCR

Babessi, Balikumbat,
Ndop
Phone: 685 132 058
664 122 493
685 146 815
(support Cost for
health care)
Open: Tues– Fri
8am – 5pm

CBCHS

Ndop, Babessi
Phone: 654 052 224
678 498 765
Open: 7am-6pm

COMINSUD/UNFPA

Ndop: 670151917
Open: Tue-Sat
8:30-4pm

Health care

CBCHS

Ndop, Babessi
Phone: 654 052 224
678 498 765
Open: 7am-6pm

Urban Health Centre (PMI)

Ndop
Phone: 679 337 915
Open: 24/7

District Hospital

Ndop
Phone: 670 243 977
Open: 24/7

Mental Health

CBCHS

Ndop, Babessi
Phone: 654 052 224
678 498 765
Open: 7am-6pm

Division: NGO KETUNJIA

Safe Shelter

Service provider not available



Legal assistance

CBCHS

Ndop, Babessi

Phone: 654 052 224

678 498 765

Open: 7am-6pm

LIBRA/UNHCR

Ngo Ketunjia

Phone: 677 733 783

675 160 353

Open: Mon-Fri - 8:30-6pm



Economic Empowerment

WEC

Ndop

Phone: 674 846 700

Open: Tue-Fri / 8am-4pm

Safe spaces for Women and girls

Service provider not available

Emergency Basic need support

Service provider not available

Division: BUI

Psycho Social Support (for adults)

COMINSUD/UNFPA

Kumbo

Phone: 677 334 481

Open: Tues- Sat

8:30-4pm

CBCHS

Kumbo

Phone: 675 427 436

Open: Mon- Sat

8:30-4:30pm

HAACAM

Kumbo

Phone: 675 777 636

Open: Mon- Sat

8:30-4:30pm



Psycho Social Support (for children)

CBCHS

Kumbo

Phone: 675 427 436

Open: Mon- Sat

8:30-4:30pm

H4BF

Nkum

Phone: 674 110 746

Mbiam: Phone: 670 836 398

Open: Mon- Sat/ 8:30-3pm

Division: BUI



Health care Psycho Social Support for adults

CBCHS

Kumbo

Phone: 679 285 575

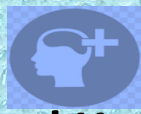
Open: Mon– Sat
8:30-4:30pm

Shisong Catholic Hospital

Kumbo

Phone: 673 501 003

Open: 24/7



Mental Health

H4BF

Nkum: 674 110 746

Mbiam: 670 836 398

Open: Mon– Sat/ 8:30-3pm

CBCHS

Kumbo

Phone: 675 427 436

Open: Mon– Sat
8:30-4:30pm



Economic Empowerment

H4BF

Nkum

Phone: 674 110 746

Mbiame: 670 836 398

Open: Mon– Sat/
8:30-3pm

PEP Africa & Restless Peace

Kumbo

Phone: 674 915 373

Open: 8:30-4:30pm



Emergency Basic Need Support

PEP Africa & Restless Peace

Kumbo

Phone: 674 915 373

Open: 8:30-4:30pm

Safe Spaces for women and girls

ECONOMIC EMPOWERMENT/livelihood SERVICES



Legal assistance

Service provider not available

CBCHS

Kumbo

Phone: 675 427 436

Open: Mon– Sat
8:30-4:30pm

N/A

FGI

Kumbo, Mbiame, Noni, Oku, Nkum

Phone: 677 334 481

Open: 8:30-4:30pm

LIBRA/UNHCR

BUI

Phone: 677 733 783

675 160 353

Open: Mon-Fri

8:30-6pm

Division: BOYO



Psycho Social Support (for adults)

COMINSUD/UNFPA

Fundong

Phone: 677 770 205

660 302 758

Njinikom:

Phone: 670 293 101

Belo

Phone: 677276396

Open: 8:30a-4.30pm

CHRAPA

Fundong

Phone: 677 770 205.

Open: 7am-6pm

INTERSOS/UNHCR

Belo, Bum, Fundong, Njinikom

Phone: 685 132 058

664 122 493

685 146 815

(support Cost for health care)

Open: Tues– Frid /
8am – 5pm

Plan International

Fundong

Phone: 674 844 510

Open: 8:30-4:30pm

CUPAWD

Belo

Phone: 667 117 676

Fundong

Phone: 670 857 054

Open: 7am-6pm

CBCHS

Belo, Mbingo

Phone: 677 276 396

Open: 7am-6pm

Division: BOYO



Psycho Social Support (for children)

CBCHS

Belo, Mbingo
Phone: 677 276 396
Open: 7am-6pm

INTERSOS/UNHCR

Belo, Bum, Fundong,
Njinikom
Phone: 685 132 058
664 122 493
685 146 815
(support Cost for
health care)
Open: Tues– Frid /
8am – 5pm

CHRAPA

Fundong
Phone: 677 770 205
Open: 7am-6pm

GPA

Belo
Phone: 673 575 868
Open: Tue-Fri



Health care

CBCHS

Belo, Mbingo
Phone: 677 276 396
Open: 7am-6pm

District Hospital

Fundong
Phone: 670 136 867
Open: 24/7

Abuh Intergrated Health Center

Fundong
Phone: 679 286 621
Open: 24/7

Mbingo Baptist Hospital

Belo
Phone: 677 885 553
Open: 24/7

Prebyterian Health Center Meli

Fundong
Phone: 670 811 436
Open: 24/7

St Therese Catholic Health Center

Ngwah Fundong
Phone: 670 520 571

Buabua Health Centre

Bum
Phone: 676 572 811
680 214 353
Open: 24/7

Konene Health Center

Konene
Phone: 676 795 00
Open: 24/7

St. Martin De Pores Catholic General Hospital

Njinikom
Phone: 677 244 354
Open: 24/7



Mental Health

CBCHS

Belo, Mbingo
Phone: 677 276 396
Open: 7am-6pm

Safe Shelter

Service provider not available



Legal assistance

CBCHS

Belo, Mbingo
Phone: 677 276 396
Open: 7am-6pm

CHRAPA

Fundong
Phone: 677 770 205
Open: 7am-6pm

LIBRA/UNHCR

BOYO
Phone: 677 733 783
675 160 353
Open: Mon-Fri
8:30-6pm

Division: BOYO



Economic Empowerment

CHRAPA

Fundong

Phone: 677 770 205

Open: 8:30am-4:30pm

Plan International

Mbingo/Fundong

Phone: 674 844 510

Open: 8:30-4:30pm



Safe spaces

For Women & Girls

Plan International

Mbengwi

Phone: 670 323 028

Open: 8:30-4:30pm



Emergency Basic Need Support

CHRAPA

Fundong, Belo, Anyajua

Phone: 677 770 205

Open: 8:30am-4:30pm

CUPAWD

Belo

Phone: 667 117 676

Fundong

Phone: 670857054 - Open: 7am-6pm

CARE Int'l

Fundong, Belo

Phone: 677 070 503

Open: 8am-4pm

Plan International

Mbingo/Fundong

Phone: 677 708 641

Open: 8:30-4:30pm

Division: MENCHUM



Psycho Social Support

(for adults & children)

INTEROS/UNHCR

Fungom, Furu-Awa, Menchum Valley, Wum

Phone: 685 132 058 / 664 122 493 / 685 146 815

(support Cost for health care)

Open: Tues– Fri / 8am – 5pm

BIHAPH

Wum Central, Fungom

Phone: 675 265 661 / 674 300 229

Open: Tue- Sat

8am-5pm

GPA

Menchum valley

Phone: 679 200 289

Open: Tues– Fri



Health care

District Hospital

Wum

Phone: 673 587 202 /

667 966 098

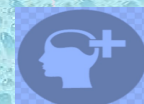
Open: 24/7

St. Martin Hospital

Wum

Phone: 677 016 450

Open: 24/7



Mental Health

BIHAPH

Wum Central, Fungom

Phone: 675 265 661 / 674 300 229

Open: Tue- Sat

8am-5pm

Division: MENCHUM

Safe shelter

Service provider not available



Legal assistance

LIBRA/UNHCR

Menchum

Phone: 677 733 783 / 675 160 353

Open: Mon-Fri. / 8:30-6pm

BIHAPH

Wum Central, Fungom

Phone: 675 265 661 / 674 300 229

Open: Tue- Sat - 8am-5pm

ECONOMIC EMPOWERMENT

Service provider not available

Safe spaces for Women and girls

Service provider not available



Emergency Basic Need Support

BIHAPH

Wum Central, Fungom

Phone: 675 265 661 / 674 300 229

Open: Tue- Sat - 8am-5pm

Division: DONGA MANTUNG

Psycho Social Support (for adults)



Psycho Social Support (for children)

CBCHS

Ndu

Phone: 677 138 238

Open: 7am-6pm

COMINSUD/UNFPA

Nkambe

Phone: 679 157 968

Open: 8:30am-4pm

GCR

Nkambe, Ndu

Phone: 679 730 282

Open: Tue-Sat/8:30-4pm

CAMHELP

NWA, Nkambe

Phone: 670 388 187

676 800 715 /

Open: 8:30am-4:30pm

HAACAM

Ndu

Phone: 679 209 833

Open: Mon-Sat

8:30am-4:30pm

IVFCam

Nkambe

Phone: 670 711 620

Open: Tue-Fri

8:30-4:30pm

CBCHS

Ndu

Phone: 677 138 238

Open: 7am-6pm

GCR

Nkambe, Ndu

Phone: 679 730 282

Open: Tue-Sat

8:30am-4pm

HAACAM

Ndu

Phone: 679 209 833

Open: Mon-Sat

8:30am-4:30pm

H4BF

Ako:

Phone: 676 509 361

Ndu: 678 767 288

Open: 8:30-4:30pm

CAMHELP

NWA, Nkambe

Phone: 670 388 187/ 676 800 715

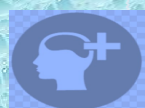
Open: 8:30am-4:30pm

Division: DONGA MANTUNG



District Hospital
Nkambe
Phone: 675 549 782
Open: 24/7

CBCHS
Ndu
Phone: 677 138 238
Open: 7am-6pm



Mental Health

CBCHS
Ndu
Phone: 677 138 238
Open: 7am-6pm

H4BF
Ako:
Phone: 676 509 361
Ndu:
Phone: 678 767 288
Open: 8:30am-4:30pm

Safe shelter

Service provider not available



Legal assistance

CBCHS
Ndu
Phone: 677 138 238
Open: 7am-6pm

CAMHELP
NWA
Phone: 670 388 187/ 676 800 715
Open: 8:30am-4:30pm

LIBRA/UNHCR
Donga Mantung
Phone: 677 733 783 / 675 160 353
Open: Mon-Fri. / 8:30-6pm



Economic Empowerment

PEP Africa and AJA
Nkambe: 665 286 744
670 313 371
Ndu: 683 778 900
Nwa: 677 563 547
Ako: 674 928 564
Misaje: 670 383 737
Open: 8:30am-4:30pm

CAMHELP
NWA
Phone: 670 388 187
676 800 715
Nkambe:
Phone: 675 551 894
678 629 116
Open: 8:30-4:30pm

H4BF
Ako:
Phone: 676 509 361
Ndu: 678 767 288
Open: 8:30-4:30pm

Safe spaces for Women and girls

Service provider not available



Emergency Basic Need Support

PEP Africa and AJA
Nkambe: 665286744
670313371
Ndu: 683 778 900
Nwa: 677 563 547
Ako: 674 928 564
Misaje: 670 383 737
Open: 8:30am-4:30pm

CAMHELP
NWA
Phone: 670 388 187
676 800 715
Nkambe
675 551 894
Open: 8:30am-4:30pm

Division: MBAM – ET INOUBOU

Psychosocial support (for adults)

Service provider not available



Psycho Social Support
(for children)

H4BF

Bafia:

Phone: 697 101 046

Open: 8:30-3pm



Mental Health

H4BF

Bafia:

Phone: 697 101 046

Open: 8:30-3pm



Economic Empowerment

H4BF

Bafia:

Phone: 697 101 046

Open: 8:30-3pm

Medical/health care SERVICES

Service provider not available

Safe Shelter

Service provider not available

Legal assistance services

Service provider not available

Safe spaces for Women and girls

Service provider not available

Emergency Basic Need Support

Service provider not available

Division: NOUN

Psychosocial support (for adults)

Service provider not available

Medical/health care SERVICES

Service provider not available

Safe Shelter

Service provider not available

Legal assistance services

Service provider not available

Safe spaces for Women and girls

Service provider not available

Emergency Basic Need Support

Service provider not available



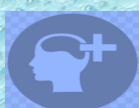
Psycho Social Support
(for children)

H4BF

Koutaba:

Phone: 675 425 163

Open: 8:30-3pm



Mental Health

H4BF

Koutaba:

Phone: 675 425 163

Open: 8:30-3pm



Economic Empowerment

H4BF

Koutaba:

Phone: 675 425 163

Open: 8:30-3pm

ANNEX: PSEA Key messages

1. Any form of humanitarian assistance in exchange for sexual favour is criminal. Victims Should Speak up
2. As humanitarian actors, let's work towards an effective and principled humanitarian action. Lets support our communities to fight Sexual Exploitation and Abuse by leading the change
3. Women, Girls , persons with disabilities, do not trade your bodies in exchange for humanitarian assistance
4. Humanitarian assistance is your right not a favour. Women, Girls do not allow yourselves to be sexually exploited and abused.
5. If you are in the process of being sexually exploited and abused during humanitarian assistance, silence is not the answer, report to the nearest social welfare office, women empowerment and family center, CSOs like SOPISDEW, CCMN, Grace Vision and Grace Chin Foundation as well as any other relevant institution around you.
6. Members of the community, join the fight to protect women, young girls, IDPs, from being sexually exploited or abused by humanitarian actors. In case of any incident around your neighborhood or community, report to the relevant competent for legal action.
7. No to all physical and Verbal forms of Sexual harassment and abuse against young girls, women, IDPs and other vulnerable and minority groups by any humanitarian actor in exchange for assistance. Victims should speak up for legal actions to ensue against perpetrators.
8. Agency response to victims of sexual assault and harassment should be robust and serve as a deterrent to other perpetrators. Sexual exploitation and abuse in exchange for humanitarian assistance is a heinous crime against humanity.
9. AID agencies and local actors should develop, promote and enforce zero-tolerance policies against any humanitarian action and assistance done in exchange for sexual favours on beneficiaries.
10. Sexual misconduct against young girls and women is unjustifiable and must be eradicated from all humanitarian assistance endeavours. It's is highly unprofessional and victims must speak up.
11. Acts on sexual harassment, abuse and Exploitation on girls, women and IDPs inflict intolerable harm on victims and their families. It undermines the actions and credibility of every humanitarian organization involved in such unprofessional actions. Join SOPISDEW Cameroon, CCMN, Grace Chin Vision, Grace Foundation with the support of ICVA and UNHCR to say No to all forms of sexual exploitation and abuse during humanitarian assistance.
12. Survivors of Sexual Exploitation and Abuse, take the lead to speak out against this human rights violation on women, Girls, IDPs and the minority population.
13. Women and young girls did not choose to leave their homes. War forced them out. Do not make a bad situation worse. No humanitarian assistance should be given to them in exchange for sex and other favours.
14. The core values of humanitarian actors are severely destroyed when they sexually exploit victims in exchange for assistance. Victims, survivors, government, stakeholders and the community must harness efforts to fight against this unethical practice.
15. Humanitarian services and assistance can only be fulfilling if done without any anticipation of sexual rewards. Stop all sexual harassments, Exploitation and Abuse on vulnerable people especially women, young girls, IDPs, and persons with disabilities.
16. We all should never be silent when IDPs, women, young girls and persons with disabilities are sexually exploited before receiving humanitarian assistance. Speak out and seek redress from the appropriate quarters.
17. Women and girls in conflict-affected areas face increased risks of psychological trauma due to the effects of SEA, conflict and COVID-19. They must have access to quality mental health and psychosocial support services.
18. Adolescent girls are among the most vulnerable to various forms of violence, exploitation and abuse. Services must be available to support them.

19. Ensure credible information to the communities, making sure all women, adolescents, and people with disabilities get preventative information in an accessible format.
20. If you are harmed or feel threatened, intimidated or harassed, do not stay silent. Seek confidential support using this SEA referral pathway.
21. You have the right to get help and don't have to manage this on your own;
22. Listen and Link : If someone experiences SEA and asks for help, you can be a source of support: "listen" to their problem and "link" them to information about available support services in your area using the SEA referral pathways. Remember, it's not the survivor's fault.
23. Do not feel ashamed to ask for help. If you feel like talking about what you have experienced and things that bother you, this can be helpful, too. SEA referral pathways have trusted listeners for girls, boys, women, PWDs and men of all ages.
24. If you or someone you know is facing difficulties because of a disability or an injury, use the SEA referral pathways to access adapted devices.
25. Remember that support and assistance are free. No one should ever ask for money, favors, or sex in exchange for assistance. You have the right to report anyone who attempts to exploit or abuse you using the PSEA referral pathways

Key Contacts

GBV Sub Cluster Coordination – NWSW Cameroon

Aliou MAIGA, GBV SC Coordinator

Email: amaiga@unfpa.org

Julita Kongnyuy , GBV Expert

Email: julita@unfpa.org

GBV Sub Sector Lead

Angelique Dikoume

Email: adikoume@unfpa.org

***Contacts for focal points to report SEA cases: (+237) 674727316/ 677870221/ 675552923/
678147792***