



PSEA (Protection from Sexual Exploitation and Abuse) REFERRAL PATHWAYS including FEEDBACK Mechanism

Contacts for focal points to report SEA cases: (+237) 674727316/ 677870221/ 675552923/ 678147792

South West - Cameroon

Implementing partners



Type of services

1. **Medical/health care SERVICES:** Medical Interventions to address physical and reproductive health consequences and injuries resulting from SEA incidents. This includes Clinical Management of Rape (CMR) within 72hrs with post rape kit, including Post Exposure Prophylaxis (PEP) and Emergency Contraception (EC) within 120hrs
2. **Mental Health:** Clinical treatment for mental disorders resulting from SEA incidents. This response requires specialized services delivered by qualified mental health professionals
3. **Psycho Social Support including Case management:** are services or support to SEA survivors to recover from emotional, psychosocial and social effects of SEA including not limited to crisis care, longer term emotional and practical support and information. This includes psychological First Aid to gain necessary stability for rational decision-making, psychological counselling from trained persons or professional to overcome stress, trauma and depression and Case Management. CM process involve social workers/case workers supporting survivors to assess their multi sector needs (health, mental health, legal, safety and security, livelihood etc) and accompanying them to other services through referral pathways with the consent of survivors. Case management process involves follow up actions.
4. **Psycho Social Support including Case management to SEA Child survivors:** services or support offered to GBV child survivors to recover from the harmful emotional and psychosocial effects of SEA. It also includes case Management involving the childcare givers in assessing the child survivors' needs (health, mental health, psychosocial support, reunification, legal, Education, safety and security, livelihood etc.) and referral pathways with the assent of the child and consent from caregivers in line with the best interest of the child principle.
5. **Legal assistance services:** Provision of Legal Assistance services that can promote or help survivors to know their rights, claim their legal rights and make informed decisions with respect to seeking justice.
6. **Safe Shelter:** Safe houses/shelters are places that provide immediate security, temporary refuge, and support to survivors and their families in imminent danger who are escaping violent or abusive situations or are at risk of further violence and who wish to be protected through safe shelters, police or community security and relocation. This Shelter should be staffed by professionals and their location should be confidential
7. **ECONOMIC EMPOWERMENT/livelihood SERVICES:** Skill Development, capacity building or provision of cash, resources to enable survivors and vulnerable persons to gain knowledge and skills to seek employment or begin an activity that will provide them with income and empowered them. These activities aim at reinforcing survivors and vulnerable persons' access to resources and economic opportunities to reduce their dependence for their basic needs, protect their dignity, and reduce risks of exploitation.
8. **Emergency Basic need support:** include provision of any food or nonfood items (NFIs) including dignity kits, provision of cash for basic needs to help restore survivors' dignity. This support may include: provision of food, spices for daily cooking materials, water and latrines supplies, supplies for shelter, firewood, recycling products, solar lanterns, tamis/clothing, baby items and emergency cash assistance.
9. **Safe Spaces:** Safe Space where women and girls can go and feel physically, emotionally safe and comfortable during the day and enjoy the freedom to express themselves without the fear of judgment or harm

Legend



Remote psychosocial support

Health facilities having post rape kits are typed in blue text

1. A SURVIVOR DISCLOSES SEA TO SOMEONE TRUSTED

IMMEDIATE RESPONSE

- Respect the confidentiality and wishes of the survivor
- Provide reliable and comprehensive information on the available services and support to survivors of GBV
- Obtain informed consent. When family/guardians make decision on behalf of the child, ensure the best interest of the child is given priority. Preferably, the accompanying adult should be selected by the child.
- Support survivors of rape to access medical care within 72 hours

ALWAYS PRACTICE THE SURVIVOR-CENTERED APPROACH

- PRIORITIZE the needs, wishes, and decisions of the survivor
ENSURE the survivor makes ALL decisions about accessing services and sharing information regarding her case
- DO NOT PROVIDE ADVICE
- NEVER blame the survivor
- Be patient, be a GOOD LISTENER, and be non-judgmental

DO

- DO believe the survivor. Reassure the survivor that this was not his /her fault.
- DO make sure that both the survivor and you are safe from immediate danger.
- DO provide practical care and support (e.g. offer water, somewhere to sit, etc.)
- DO listen to the person without asking questions.
- DO be aware of and set aside your own judgments.
- DO respect the right of the survivors to make their own decision.
- Inform, do not give advice.
- DO limit the number of people informed about the case (refer the case confidentially to appropriate SEA focal point, and only with the informed consent of the survivor)

DON'TS

- DO NOT force help on people, be intrusive or pushy.
- DO NOT pressure the survivor into providing information or further details.
- DO NOT doubt or contradict the survivor.
- DO NOT investigate the situation or provide advice
- DO NOT mediate between the survivor and the perpetrator or a third person (e.g. family).
- DO NOT write down or share details of the incident or personal details of the survivor
- DO NOT assume you know what a survivor wants or needs. Some actions may put the survivor at further risk of stigma, retaliation, or harm.
- Once a SEA referral has been made, DO NOT ask for extra information or contact the survivor directly.

2. IF THE SURVIVOR HAS GIVEN INFORMED CONSENT, THE IMMEDIATE RESPONSE SHOULD BE

PRIORITIZE URGENT HEALTH CARE!

SEXUAL VIOLENCE

If the survivor needs it - ensure immediate access to available medical care (within 3 days /72 hours for emergency HIV treatment; within 5 days for emergency contraceptives and prevention of sexually transmitted infection)

PHYSICAL VIOLENCE

If the survivor needs it: seek medical care if she is experiencing severe pain, bleeding, or for the treatment of non-sexual violence related injuries

PRIORITIZE Safety and Security!

IF THERE IS AN IMMEDIATE RISK OF SAFETY OF THE SURVIVOR / IT IS A LIFE-THREATENING CONCERN

Contact competent authorities (police, security actors, safe shelters), or other appropriate emergency support

3. IF THERE ARE NO URGENT HEALTH OR SAFETY & SECURITY NEEDS, RESPOND TO OTHER SERVICE NEEDS

These can include Mental Health Services, Shelter, Non-food Items, Food, or Legal Information & Advice



Division: Fako



Psycho Social Support

(for adults)

Christian Youth Fellowship

Buea
Phone: 671904049
Open: Mon-Sat –
10am-6pm

FOWE-CAM

Buea
Phone: 677652614
Open: Mond-Frid
8-4PM
Sat: 9am - 3pm

IRC

Buea
Phone: 685 135 064
685 135 063
685 161 398
Open: Tuesd-Frid
8:am-5pm

PCC

Buea
Phone: 671 811 633
Open : Tuesd-Frid
8am-5 pm

REACH OUT

MUYUKA, Tiko
Phone: 674-081-818
Open: Tuesd-Frid-
8:30am-4pm
Sat: 9-12pm

CHAMEG

Tiko
Phone: 677 727 276
671 854 438/
671 465 037
Open : Mon-Fri
9am-4:30pm
Sat- 10am-2pm

DRC

Buea, Muyuka
Phone: 658 676 757/
677 186 159
(support cost for
health care)
Open: 8am-5pm

GFDLP

Buea, Limbe2
Phone: 675052010/
676755912
Open : Tues-Frid
8:30-4:30pm

LUKMEF/UNFPA

Buea
Phone: 654 704 338
Open: 24hours

TeenAlive

Buea
Phone: 675 485 090
Open : Mond-Sund

IYEC

Limbe I & II
Phone: 679764429

Limbe III

Phone: 651400566
Open: Tuesd-Frid –
8am-5 pm

BAWAC

FAKO
Phone: 675 991 005
Open: Tue-Fri
9am-4pm

ECOCAM

Buea
Phone: 676 715 749/
651 257 208
Open: Wed- Fridays
Bokwai
Phone: 651 257 208
Open: Mon-Fri

Human Is Right

Buea
Phone: 675 821 751
Open : Tues-Sun

INTERSOS/UNHCR

Buea, Muyuka, Limbe 1,
2, 3, Tiko, West Coast
Phone: 664 122 471
(support Cost for health
care)
Open: Tues– Frid
8am – 6pm
Sat: 8am – 12pm

CAMHELP

Limbe1,2,3, West coast
Phone: 679 611 288/
677 627 991/ 680 394
976
Open: Sund-Tuesd-Sat

CBCHS

Tiko (Mutengene)
Phone: 675 522 462/
678 339 434
Open: Mond-Sund
7am-6:pm

UNHCR

Hotline: 8564
NWSW





Psycho Social Support (for children)

Division: Fako

CAMHELP

Limbe1,2,3, West coast

Phone: 679 611 288

680 394 976

677 627 991

Open: Sund-Tuesd-Sat

7:30-5:00

CBCHS

Tiko (Mutengene)

Phone: 675 522 462

678 339 434

Open: Mon-Sun

Christian Youth Fellowship

Buea

Phone: 671 904 049

Open: Mon-Sat –
10am-6pm

LUKMEF/UNFPA

Buea

Phone: 673 213 807

Open: 24hours

INTERSOS/UNHCR

Buea, Muyuka, Limbe 1,
2, 3, Tiko, West Coast

Phone: 664 122 471

*(support Cost for health
care)*

Open: Tues– Frid

8am – 6pm

Sat: 8am – 12pm

REACH OUT

MUYUKA, Tiko

Phone: 674-081-818

Open: Tuesd-Frid-

8:30am-4pm

RWSDA

Buea

Phone: 665 108 699 /
699 3434 23

Open: Mond- 10 am –
12pm

Tiko:

Phone: 665 108 699 /
699 3434 23

Open: Friday 3pm-
5:30pm.

GFDLP

Buea, Limbe2

Phone: 675 052 010/676 755 912

Open : Tues-Frid/8:30-4:30pm



Health care

CMA Muea

Buea

Phone: 651 422

191

Open: 24/7

Community Health Association

Buea

Phone: 675 103 795

Open: 24/7

IRC

Buea

Phone: 685 135 065/685 135 063

Open: Tuesd-Sat

8:30am-4:30pm

Military Hospital

Buea

Phone: 663 947 942

Open: 24/7

LUKMEF/UNFPA

Buea

Phone: 674 737 355

Open: 24hours

Police Health Centre

Buea

Phone: 677 528 031

Open: 24/7

Regional Hospital

Buea

Phone: 660 276 315

Open: 24/7

District Hospital

Limbe

Phone: 694 329 927/

651 407 236

Open: 24/7

Regional Hospital

Limbe

Phone: 696 394 126/

650 669 508

Open: 24/7

CAMHELP

Limbe1,2,3, West coast

Phone: 679 611 288

667 792 794

672 627 899

Open: Sund-Tuesd-Sat

7:30-4:30pm

Presbyterian

Limbe

Phone: 676 352 568

Open: 24/7

CMA Idenau

Limbe

Phone: 699 130 002

Open: 24/7

PCC

Limbe

Phone:679 749 340/ Open: 24/7

Division: Fako



ST. AMARA THE GREAT
Limbe
 Phone: 696 415 638
 Open: 24/7

CMA Ekona
Muyuka
 Phone: 651 570 250
 Open: 24/7

Baptist Hospital/UNFPA
Tiko (Mutengene)
 Phone: 975 549 943
 Open: 24/7

CBCHS/UNFPA
Tiko
 Phone: 699 906 245
 Open: Mon-Sund
 7am-6pm

TCC
Tiko
 Phone: 677 297 145/
 Open: 24/7

District Hospital
Tiko
 Phone: 676 051 212
 Open: 24/7

CHAMEG
Tiko
 Phone: 677 727 276/671 854 438/671 465 037
 Open : Mon-Frid/9am-4:30pm/ Sat- 10am-2pm

District Hospital
Muyuka
 Phone: 675 061 961
 Open: 24/7

Mental Health

CBCHS
Tiko (Mutengene)
 Phone: 675 522 462/
 678 339 434
 Open: Mon-Sund

PCC
Buea
 Phone: 679 803 138
 Open: Tuesd-Frid
 8am-5pm
 Sat- 8am-12pm

Regional Hospital/ WHO
Buea
 Phone: 679 264 285:

TeenAlive
Buea
 Phone: 675 485 090



LUKMEF/UNFPA
Buea
 Phone: 654 704 338
 Open: 24hours

RWSDA
Buea
 Phone: 665 108 699/
 699 343 423
 Open: Mond-Sund

CAMHELP
Limbe1
 Phone: 679 611 288
 680 394 976
 Open: Sund-Tues-Sat
 7:30-5:00

GFDLP
Limbe
 Phone: 696 415 638
 Open: 24/7

CBCHS
Tiko
 Phone: 672 994 558
 Open: Mon-Sun



Legal assistance

FIDA
Buea, Limbe
 Phone: 677.682 191
 Open: Tuesd-Frid
 8:30-4:30pm

FOWEC- CAM
Buea
 Phone: 677 652 614
 Open: Mond-Frid
 8:30-4pm

Human Is Right
Buea
 Phone: 697 385 932
 Open: Tues-Sund
 8:30-4:30pm

GFDLP
Buea, Limbe
 Phone: 677 579 529
 Open: Tues-Frid
 8:30-4:30pm
Not free. Cost determined on a case by case basis.

CAMHELP
Limbe1, 2,3, West Coast
 Phone: 679 611 288
 680 394 976
 Open: Sun-Tues-Sat.

CBCHS
Tiko
 Phone: 672 994 558
 Open: Mon-Sun

FIDA
Tiko
 Phone: 677 733 783
 Open: Tues-Frid

BAWAC
FAKO
 Phone: 675 991 005
 Open: Tue-Fri /9am-4pm

LIBRA/UNHCR
Buea
 Phone: 677733783/675160353/
 Open: Mon-Frid/8:30-6pm

Division: Fako



Economic Empowerment

ECONOMIC
EMPOWERMENT/livelihood
S

Christian Youth Fellowship

Buea
Phone: 671 904 049
Open: Mon-Sat
10am-6pm

LUKMEF

Buea
Phone: 676 835 465
Open: 8am-5p.m

CAMHELP

Limbe 1, 2,3, West Coast
Phone: 679 611 288
680 394 976
Open: Sund-Tuesd
Sat. 7:30-5:00

ECOCAM

Buea, Ekona
Phone: 676 715 749/
651 257 208
Mamu
Phone: 676 950 667
Open: Wed- Fridays

CHAMEG

Buea
Phone: 674 817 437
Open: Mon-Fri
Open: 8:30-4:30pm

RWSDA

Tiko
Phone: 665 108 699
Open: Tues-Fri

REACH OUT MUYUKA

Phone: 674-081-818
Open: Tues-Frid-

GFDLP

Buea, Limbe2
Phone: 675 052 010/
676 755 912
Open : Tues-Frid

BAWAC

FAKO
Phone: 678674242
Open: Tue-Sat

PEP Africa

Buea: 677 179 743
Limbe1
Phone: 677 791 340
Limbe2
Phone: 672 542 733
Limbe3:
Phone: 671 542 682
Tiko
Phone: 679 599 651
Muyuka
Phone: 665 653 195
Idenua:
Phone: 671 155 141
Open: 8:30am-4:30pm

TeenAlive

Buea
Phone: 674 681 286
Open : Tue-Sat

FOWEC- CAM

Buea
Phone: 677 652 614
Open: Mond-Frid
8-4pm



Safe spaces

For Women & Girls

LUKMEF/UNFPA

Buea
Phone: 654 704 338
Open: 8am-5p.m

PCC

Buea
Phone: 671 811 633
Open: Tues-Frid
8am-5pm
Sat- 8am-

CAMHELP

Limbe 1
Phone: 679 611 288
680 394 976
Open: Sund-Tuesd-
Sat. 7:30-5:00



Emergency

Basic Need

Emergency Basic need
support

Support

DRC

Buea, Muyuka
Phone: 658 676 757/
677 186 159
Open: 8am-5pm

NRC

Buea, Muyuka,
Mutengene, Tiko
Phone: 685 135 251
685 135 315
685 135 337
Open: Tues-Frid
8am-5pm

RWSDA

Muyuka
Phone: 66 75 39 418/
676 283 112
Open: Sat 4- 6pm
Buea
Phone: 65108699/
699 3434 23
Open: Mond /3-5pm
Tiko
Phone: 651 08 61 99/
651086199
Open: Fri / 3-5pm

PEP Africa

Buea: 677 179 743
Limbe1
Phone: 677 791 340
Limbe2
Phone: 672 542 733
Limbe3:
Phone: 671 542 682
Tiko
Phone: 679 599 651
Muyuka
Phone: 665 653 195
Idenua:
Phone: 671 155 141
Open: 8:30am-4:30pm

Type of Services

Emergency Basic Need Support

Division: Fakö

Phone: 679 611 288
680 394 976

677 627 991
Open: Sun-Tues-Sat/
Op

ERSOS
INT
a, Limbe 1, 2, West
Bu—
Coast
Phone: 664 122 471
Open: Tue-Fri - 8am-5pm

Division: Kupe
Phone: 685 135 065/
Open: Tues-Sat -
685 135 063

PCC
Buea
Phone: 651 400 099
Open: Tues-Frid

BAWAC
FAKO
Phone: 677 526 929/678 683 589/Open: Tue-Fri

Fellowship

Christian Youth
Muanhenguba
Buea
Phone: 671 904 049
Open: Mon-Sat

CARE International
Buea, Limbe, Muyuka
Phone: 673 380 261
Open: Tue-Fri



Psycho Social Support (for adults)

Psycho Social Support for
children



Health care

Division: Kupe Manenguba

AFRINET
Tombel, Nguti
Phone: 679 67 49 51
Open: Mon-Fri/8:am-5pm
Bangem
Phone: 674 67 92 12

INTERSOS
Tombel, Bangem
Phone: 664 122 471
Open: Tue-Fri /8am-5pm



Service provider not available

PCC
Nguti
Phone: 673 375 783
Open: Mon-Sat
7am- 3pm

District Hospital
Banghem
Phone: 679 213 709
Open: 24/7

Presbyterian Nyasoso
Tombel
Phone: 666 707 081
Open: 24/7

Manyemen HC
Nguti
Phone: 676 751 684
Open: 24/7

Amazing Grace
Tombel
Phone: 674 229 965
Open: 24/7

AFRINET
Tombel, Nguti
Phone: 679 67 49 51
Open: Mon-Fri
Bangem

PCC
Tombel
Phone: 673 216 409
Open: 24/7
Fees: 15,000 F

District Hospital
Tombel
Phone: 676 563 181
Open: 24/7

Phone: 674 67 92 12
Muambong HC
Bangem
Phone: 662 868 584
Open: 24/7

Mental health

Safe Shelter

Service provider not available

Division: Kupe Manenguba

Legal assistance



Safe spaces for Women & girls



Division: Meme



**Psycho Social
Support**
(for adults)

AMEF

Kumba

Phone: 675 763 303
674 339 856

Open: Mon-Sat
6:am-7pm

CAPEC

Kumba2

Phone: 669 391 344
Open: Tue-Fri
8am-4pm

IRC

Kumba1

Phone: 685 135 064
685 135 063
685 161 398

Open: Tuesd-Frid/8:am-5pm

INTERSOS/UNHCR

Kumba 1,2,3,
Mbonge, Konye

Phone: 685 133 293
(support Cost for
health care)

Open: Tues– Frid
8am – 6pm
Sat: 8am – 12pm

REACH OUT

Kumba2, 3,
Mbonge, Konye

Phone: 676-306-075
Open: Tuesd-Frid-
8:30am-4pm
Sat: 9am: 12pm

Survivors' Network

Kumba I,II, III

Phone: 673 523 380
Open: Tuesd-Frid-
10am-3pm
Sat: 9am: 12pm

ECOCAM

Mbonge

Phone: 676 950 667
Open: Wed- Fridays

PCC

Kumba1, 3

Phone: 679 328 779
Open: Tues-Frid-
8am-5pm
Sat: 8am: 12pm

DRC

Mbonge

Phone: 658 676 757/
677 186 159
(support cost for health
care)
Open: 8am-5pm



**Psycho Social
Support**
(for children)

REACH OUT

Kumba2, 3,
Mbonge, Konye

Phone: 676-306-075
Open: Tuesd-Frid-
8:30am-4pm

Caritas Diocese

Kumba1, 2, 3,
Konye

Phone: 653 669 679
Open: Tues-Frid-
8:30am-5pm

INTERSOS/UNHCR

Kumba 1,2,3, Mbonge, Konye

Phone: 685 133 293
(support Cost for health care)
Open: Tues– Frid/8am – 6pm
Sat: 8am – 12pm

Division: Meme



Health care

CAPEC

Kumba1

Phone: 677 562 383

Open: Tue-Fri
8am-4pm

Baptist Hospital /UNFPA Kumba

Phone: 672 095 224

Open: 24/7

Presbyterian General Hospital

Kumba

Phone: 670 532 716

Open: 24/7

CMA Ntam

Kumba

Phone: 677 516 411

Open: 24/7

District Hospital

Kumba

Phone: 677 815 164

675 608 372

Open: 24/7

IRC

Kumba1

Phone: 685 135 065

685 135 064

Open: Tuesd-Sun/8:30-

CMA

Mbonge

Phone: 674 365 202

Open: 24/7

Matondo

Konye

Phone: 674 854 041 / Open: 24/7



Mental Health

PCC

Kumba

Phone: 699 711 606

Open: Tues-Fri
8-5pm

Baptist Hosp/WHO

Kumba

Phone: 670 14 01 23

Open: 24/7

Legal assistance

CAPEC

Kumba3

Phone: 677 562 383

Open: Tue-Fri
8am-4pm

GFDLP

Kumba

Phone: 677 615 813

Open: Tue-Fri
8:30-4:30pm



Economic Empowerment

Reach Out

Kumba I, II, III,

Mbonge and Konye

Phone: 676-306-075

Tiko

Phone: 674-081-818

Open: Tuesd-Frid-
8:30am-4pm

CAPEC

Konye

Phone: 677 562 383

Open: Tue-Fri
8am-4pm

ECOCAM

Mbonge

Phone: 676 950 667

Open: Wed-Frid

Survivors' Network

Kumba I,II, III

Phone: 680 41 85 40

Open:9am: 3pm

Living Green

Kumba, Konye

Phone: 676 884 010/673

936 006

Open: Tue-Sun /8am: 4pm

Safe Shelter

- Service provider not available

Division: Meme



Safe spaces

For Women & Girls

Living Green

Kumba

Phone: 676 884 010/673 936 006

Open: Tue-Sun /8am: 4pm

LUKMEF/UNFPA

Kumba

Phone: 668 710 656

Open: Mon-Fri /8am: 5pm



Emergency

Emergency Basic need
support

Support

CARE International

Ekombe, Mbonge

Phone: 673380261

Open: Tue-Frid
8am-5pm

Living Green

Kumba,

Phone: 676 884 010/
673 936 006

Open: Tue-Sat
8am: 4pm

NRC

Mbonge

Phone: 685 135 251/
685 135 315/685 135 337

Open: Tues-Frid - 8-5pm

IRC

Kumba1

Phone: 685 135 065
685 135 064

Open: Tuesd-Sun
8:30am-4:30pm

ECOCAM

Mbonge

Phone: 676 950 667

Open: Wed-Frid

DRC

Mbonge

Phone: 658 676 757/
677 186 159

Open: 8am-5pm

INTERSOS

Kumba1, 2, 3, Mbonge

Phone: 685 133 293

Open: Tue-Fri /8am-5pm

PEP Africa

Kumba

Phone: 674 400 461. Open: 8:30am-4:30pm

Division: Manyu

Psycho Social Support

(for adults)



CHAMEG

Mamfe central

Phone: 675 079 250

Open: Tues- Fri
9:30-4:30

INTERSOS/UNHCR

Mamfe Central,

Eyoumojock, Upper

Bayang

Phone: 685 132 051

(support Cost for
health care)

Lukmef/UNFPA

Phone: 678 446 644

Open : Mon-Frid/
Sat- 8am-5pm



Psycho Social Support

(for children)

INTERSOS/UNHCR

Mamfe Central, Eyoumojock, Upper Bayang

Phone: 685 132 051

(support Cost for health care)

Open: Tues- Frid / 8am – 6pm - Sat: 8am – 12pm



Psycho Social Support for

adults health care

Tinto HC

Eyoumojock

Phone: 675 550 222

Open: 24/7

District Hospital

Mamfe

Phone: 679 222 324

Open: 24/7

Kembong HC

Eyoumojock

Phone: 675 189 001

Open: 24/7

CMA Eyoumojock

Eyoumojock

Phone: 674 107 603

Open: 24/7

CMA Ossing

Eyoumojock

Phone: 653 491 125

Open: 24/7

CMA

Tinto

Phone: 675 550 222

Open: 24/7

Division: Manyu

Health care

CHAMEG

Mamfe Central,
Akwaya, Eyumojock
Phone: 674817437
Open : Mon-Frid /

Baptist Health Center

Mamfe
Phone: 653 350 017
Open: Mon-Sat
7am- 3pm

Mamfe Urban

Phone: 677 568 499
Open: 24/7

Mental Health

- Service provider not available

Safe Shelter

- Service provider not available

Safe Spaces for women and girls

- Service provider not available

ECONOMIC EMPOWERMENT/livelihood SERVICES



Legal assistance

GFDLP

Mamfe
Phone: 673 318 159
Open: 8:30-4:430 pm



Economic Empowerment

N/A

CHAMEG

Mamfe central
Phone: 675 079 250
Open: Tues- Frid
9:30-4:30

Emergency Basic

Need Support

NRC

Mamfe central
Phone: 685 135 251/
685 135 315
Open: Tues-Frid/ 8-5pm

INTERSOS

Mamfe, Upper Bayang
Phone: 685 132 051
Open: Tue-Fri /8am-5pm



Safe spaces

For Women & Girls

CHAMEG

Mamfe Central,
Akwaya, Eyumojock
Phone: 674817437
Open : Mon-Frid/

Lukmef/UNFPA

Phone: 678 446 644
Open : Mon-Frid/
Sat- 8am-5pm

Division: Ndian



Psycho Social

Support

(for adults)

IRC

Ekondi Titi
Phone: 685 135 065
685 161 398
Open: Mon- Sund/ 8:am-4pm

Psycho Social

Support (for Children)

- Service provider not available



Health care

IRC

Ekondo Titi
Phone: 685 135 065
685 161 398
Open: Mon- Sund
8:am-4pm

District Hospital

Ekondo Titi
Phone: 675 243 398
Open: 24/7

District Hospital

Mundemba
Phone: 669 960 749
675306623
Open: 24/7

IHC

Mundemba
Phone: 685 235 139
Open: 24/7

Ekondo Titi HC

Mundemba
Phone: 679 286 621
Open: 24/7

Pamol

Mundemba
Phone: 679 823 010
Open: 24/7

Division: Ndian

Mental health	- Service provider not available
Safe Shelter	- Service provider not available
Legal assistance services	- Service provider not available
ECONOMIC EMPOWERMENT	- Service provider not available
Safe spaces for Women & girls	- Service provider not available



Emergency Basic Need Support

NRC
Mamfe central,
Ekondo-Titi
 Phone: 685 135 251/
 685 135 315
 Open: Tues-Frid –
 8am-5pm

CARE International
Ekondo Titi
 Phone: 673 380 261
 Open: Tue-Frid / 8am-5pm

IRC
Kumba1
 Phone: 685 135 065 / 685 161 398
 Open: Tues-Fri / 8:am-5pm

Division: Lebialem

Psycho Social Support (adults)	- Service provider not available
Psycho Social Support (children)	- Service provider not available



Health care

CMA Wabane
Wabane
 Phone: 679 201 456
 Open: 24/7

Mental health	- Service provider not available
Safe Shelter	- Service provider not available
Legal assistance services	- Service provider not available
ECONOMIC EMPOWERMENT	- Service provider not available
Safe spaces for Women and girls	- Service provider not available
Emergency Basic need support	- Service provider not available

ANNEX: Protection from Sexual Exploitation and Abuse (SEA) messages

1. Any form of humanitarian assistance in exchange for sexual favour is criminal. Victims Should Speak up
2. As humanitarian actors, let's work towards an effective and principled humanitarian action. Lets support our communities to fight Sexual Exploitation and Abuse by leading the change
3. Women, Girls , persons with disabilities, do not trade your bodies in exchange for humanitarian assistance
4. Humanitarian assistance is your right not a favour. Women, Girls do not allow yourselves to be sexually exploited and abused.
5. If you are in the process of being sexually exploited and abused during humanitarian assistance, silence is not the answer, report to the nearest social welfare office, women empowerment and family center, CSOs like SOPISDEW, CCMN, Grace Vision and Grace Chin Foundation as well as any other relevant institution around you.
6. Members of the community, join the fight to protect women, young girls, IDPs, from being sexually exploited or abused by humanitarian actors. In case of any incident around your neighborhood or community, report to the relevant competent for legal action.
7. No to all physical and Verbal forms of Sexual harassment and abuse against young girls, women, IDPs and other vulnerable and minority groups by any humanitarian actor in exchange for assistance. Victims should speak up for legal actions to ensue against perpetrators.
8. Agency response to victims of sexual assault and harassment should be robust and serve as a deterrent to other perpetrators. Sexual exploitation and abuse in exchange for humanitarian assistance is a heinous crime against humanity.
9. AID agencies and local actors should develop, promote and enforce zero-tolerance policies against any humanitarian action and assistance done in exchange for sexual favours on beneficiaries.
10. Sexual misconduct against young girls and women is unjustifiable and must be eradicated from all humanitarian assistance endeavours. It's is highly unprofessional and victims must speak up.
11. Acts on sexual harassment, abuse and Exploitation on girls, women and IDPs inflict intolerable harm on victims and their families. It undermines the actions and credibility of every humanitarian organization involved in such unprofessional actions. Join SOPISDEW Cameroon, CCMN, Grace Chin Vision, Grace Foundation with the support of ICVA and UNHCR to say No to all forms of sexual exploitation and abuse during humanitarian assistance.
12. Survivors of Sexual Exploitation and Abuse, take the lead to speak out against this human rights violation on women, Girls, IDPs and the minority population.
13. Women and young girls did not choose to leave their homes. War forced them out. Do not make a bad situation worse. No humanitarian assistance should be given to them in exchange for sex and other favours.
14. The core values of humanitarian actors are severely destroyed when they sexually exploit victims in exchange for assistance. Victims, survivors, government, stakeholders and the community must harness efforts to fight against this unethical practice.
15. Humanitarian services and assistance can only be fulfilling if done without any anticipation of sexual rewards. Stop all sexual harassments, Exploitation and Abuse on vulnerable people especially women, young girls, IDPs, and persons with disabilities.
16. We all should never be silent when IDPs, women, young girls and persons with disabilities are sexually exploited before receiving humanitarian assistance. Speak out and seek redress from the appropriate quarters.
17. Women and girls in conflict-affected areas face increased risks of psychological trauma due to the effects of SEA, conflict and COVID-19. They must have access to quality mental health and psychosocial support services.

18. Adolescent girls are among the most vulnerable to various forms of violence, exploitation and abuse. Services must be available to support them.
19. Ensure credible information to the communities, making sure all women, adolescents, and people with disabilities get preventative information in an accessible format.
20. If you are harmed or feel threatened, intimidated or harassed, do not stay silent. Seek confidential support using this SEA referral pathway.
21. You have the right to get help and don't have to manage this on your own;
22. Listen and Link : If someone experiences SEA and asks for help, you can be a source of support: "listen" to their problem and "link" them to information about available support services in your area using the SEA referral pathways. Remember, it's not the survivor's fault.
23. Do not feel ashamed to ask for help. If you feel like talking about what you have experienced and things that bother you, this can be helpful, too. SEA referral pathways have trusted listeners for girls, boys, women, PWDs and men of all ages.
24. If you or someone you know is facing difficulties because of a disability or an injury, use the SEA referral pathways to access adapted devices.
25. Remember that support and assistance are free. No one should ever ask for money, favors, or sex in exchange for assistance. You have the right to report anyone who attempts to exploit or abuse you using the PSEA referral pathways

Key Contacts

GBV Sub Cluster Coordination – NWSW Cameroon

Aliou MAIGA, GBV SC Coordinator
Email: amaiga@unfpa.org

Njume Nange, GBV Expert
Email: nange@unfpa.org

GBV Sub Sector Lead

Angelique Dikoume
Email: adikoume@unfpa.org

Notes:

These referral pathways are subject to updates. The information here is subject to change: as new services can open anytime others may also close momentarily based on availability of funding. Users of this directory are kindly requested to ask for updated version by reaching out to any of the above key contacts.

Contacts for focal points to report SEA cases: (+237) 674727316/ 677870221/ 675552923/ 678147792